

Heidi Wittenberg, MD MS FPMRS
Gender Affirmation Surgery
Female Pelvic Medicine & Reconstructive Surgery Board Certified

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APPOINTMENTS

Director of MoZaic Care, Inc
1/1/18- Present

Medical Director, Gender Institute at UCSF Hyde formerly St
Saint Francis Memorial Hospital, San Francisco, CA
7/1/2020-Present

Co-Chair Surgery, Saint Francis Memorial Hospital/UCSF
7/1/2022-6/30/2025

Chair of Surgery, Saint Francis Memorial Hospital/UCSF
7/1/2021-6/30/2022

Master Surgeon of Excellence in Gender Affirmation Surgery
Master Surgeon of Robotic Surgery
Master Surgeon of Minimally Invasive Gynecologic Surgery
Surgical Review Corporation
6/2021 to present

First Hospital Internationally: Center of Excellence Gender Confirmation Surgery
A Founding Surgeon, Director
Saint Francis Memorial Hospital
5/2021- Present

First Center of Excellence Gender Confirmation Surgery, A Founding Surgeon
Co-Director
Greenbrae Surgery Center
1/2019- Present

Center of Excellence Minimally Invasive Gynecologic Surgery, A Founding Surgeon
California Pacific Medical Center
2017 – Present

Board Member, Saint Francis Memorial Hospital Foundation
3/1/2021- Present

Director of Urogynecology Center of San Francisco
9/1/14 – 7/31/18

President San Francisco Gynecological Society
5/15/20-5/15/22

President Elect San Francisco Gynecological Society
5/14/19-5/15/20

Secretary Treasurer of San Francisco Gynecologic Society
10/2014 – 5/14/2019

Board Member at Large
Pacific Coast Ob Gyn Society
2016-2020

Clinical Instructor, UCSF
UCSF Resident Surgical Instructor
2008 – 2018

Director
Continence & Prolapse Center
Pacific Women's Obstetrics & Gynecology Medical Group
2001-8/31/14

Chair
Multispecialty Pelvic Physiology Conference
California Pacific Medical Center
2010-2017

Director of Comprehensive Pelvic Medicine and Continence Center
California Pacific Medical Center
2000-2006

BOARD STATUS

American Board of Obstetrics & Gynecology
Certified 2002 & active with MOC (maintenance of certification)

Female Pelvic Medicine & Reconstructive Surgery Specialty
Board Certified 6/21/2013 & active with MOC

EDUCATION

PGY 2, 3, & 4, Johns Hopkins
July 1, 1996- June 30, 1999
PGY 1& 2, Columbus-Cabrini, Northwestern Affiliate
July 1, 1994- June 30, 1996
M.D., U.H.S./The Chicago Medical School
July 1990- May 1994
M.S., U.H.S./The Chicago Medical School
Major: Applied Physiology
July 1989- May 1990
B.S., University of California, Berkeley
Major: Genetics
August 1985- May 1989

EMPLOYMENT

Attending Physician, Director
MoZaic Care, Inc
Gender Confirmation Surgery
10/1/18– Present

Attending Physician, Director
Urogynecology Center of San Francisco
9/1/14 – 7/31/18

Attending Physician
Brownstein Crane Surgical Services
1/1/2016 – 3/2017

Attending Physician: Gyn, Urogyn, Neurourologist, FPMRS
Pacific Gynecology and Obstetrics Medical Group
May 16, 2001 - 8/31/14

Attending Physician
Pacific Women's Obstetrics and Gynecology Medical Group
August 1, 1999- May 15, 2001

AWARDS

2021 Master Surgeon of Excellence, Gender Affirmation Surgery, Surgical Review Corporation
2019 Master Surgeon of Excellence, Minimally Invasive Gynecological Surgery
Surgical Review Corporation
2018 **Congressional Award:** For Innovative Spirit, Professional Success, and Commitment to
Giving Back to the Community in a way that Supports Youth Development.
2018 STARS Hall of Fame Induction for San Juan Unified Foundation
2016 Center of Excellence for Minimally Invasive Gynecological Surgery At
California Pacific Medical Center: A Founding Surgeon
American Association of Gynecologic Laparoscopy/ Surgical Review Corporation
2013-2014 UCSF Outstanding Resident Teaching Award
2012-2013 UCSF Outstanding Resident Teaching Award
2011 **Congressional Award:** Operations Access Unsung Hero
2013-2019 415 Top Doctors- Peer Survey
1991 American Diabetes Association Annual Research Award

HOSPITAL AFFILIATIONS University of California San Francisco, Hyde SF CA 4/2013 - Present
Greenbrae Surgery Center, Larkspur CA 7/2012 - Present
Marin General Hospital, Marin CA 5/2011 - 2022
California Pacific Medical Centers, San Francisco CA 9/1999 – Present

COMMITTEE APPOINTMENTS Gynecology Quality Assurance/ California Pacific Medical Center 2003-2019
California Pacific Medical Center New Technology Committee 2006-2017
Gynecology New Technology Committee 2006-2018
IPA Quality Assurance/ Brown & Toland, San Francisco Ca 2009-2018
Peer Review Saint Francis Memorial Hospital/UCSF Hyde 2021-2025
Quality & Review Saint Francis Memorial Hospital/UCSF Hyde 2021-2025
Robotics Saint Francis Memorial Hospital/UCSF Hyde 2021-2025

INVITED PRESENTATIONS National & International Speaker
WPATH 2024 Lisbon Portugal Longterm Care and Considerations Urogyn GAS
Gender Surgery 2016 – Present
WPATH 2026 Gender Diverse Approaches, Mexico City, Mexico 11/9/2026
Society of Gender Surgery Complication Management 1/17/26 San Diego, CA
UCSF outreach/Carbon Health 11/14/25 National Audience
American College of Obstetrics & Gynecology 5/4/19 Nashville Tennessee
American College of Obstetrics & Gynecology 4/28/2018 Austin Texas
Multiple Gender Alliance Conferences from 2015 to present: Seattle, LA, Chico, SF
San Francisco Gynecological Society 1/16/18 SF, CA
International Society of Study of Women’s Sexual Health 2/10/18, San Diego, CA
UCSF 3/21/19 and 4/1/19
California Pacific Medical Center 3/6/18, SF, CA
Dignity Transgender Conference 10/24/18, SF, CA
WPATH/Dignity Transgender Summit 5/30/19, SF, CA
Marin General Hospital 9/13/17, Marin, CA

Utility of Routine Cystoscopy During Transvaginal Cervico-Isthmic Cerclage: AUGS 2015
Cervico-isthmus Cerclage & Cystoscopy: Pacific Coast OB Gyn Society 2012
Incontinence 1999 – Present (complete list provided below)
Community Health Resource Center
Womens Resource Center
Dignity Health Care: Grand Rounds on Robotics 2012// Transgender Health 2018
Grand Rounds OB Gyn & Medicine Departments at CPMC
Grand Rounds Marin General Hospital
Grand Rounds OB Gyn at St Lukes Hospital
Grand Rounds Medicine at Novato Community Hospital
SutterHealth Nursing Education
UC MedSurg Nursing Symposium 2005
UCSF Conference 2018
Pacific Northwest Ostomy and Continence Nursing Conf 2012
Gender Conference, Chico California 2016, 2017, 2018, 2019
Gender Odyssey, Seattle Washington 2018

PROCTOR Intuitive Robot Benign Gyn Proctor 2009-2015
Coloplast Proctor for Altis Sling 2013- 2015

PROFESSIONAL SOCIETIES American College of Obstetrics & Gynecology
American Urogynecology Society
Pacific Coast Obstetrics and Gynecology Society
San Francisco Gynecological Society
WPATH- World Professional Association of Transgender Health
USPATH-US Professional Association of Transgender Health
Society of Gender Surgery

ACTIVITIES Kaiser Permanente Northern California: OB Gyn Resident Research Symposium
4/27/19 Invited Judge
Operation Access: Providing Surgical Care to Uninsured

2011-2019

Hospital de la Familia Surgical Missions in Guatemala
2005 and 8/2014

Partners In Care University of California, San Francisco
Auxiliary Charity for the Hospital/ Founding Member
2010-Present

National Youth Services Foundation
Career Specialty Lecturer
July 2000, 2001

Community Services Committee
Eating Disorders Education for High School Students
July 1989- May 1990

RESEARCH/PUBLICATIONS Caring for Transgender Patients: Complications of Gender Affirming Genital Surgeries
Kevin Hanley MD, Heidi Wittenberg MD, Dev Gurjala MD, Michael Safir MD, Esther
Chen MD. Annals of Emergency Medicine, June 2021
<https://authors.elsevier.com/a/1dG50ib7EAhwW>

Peritoneal Pull Through Technique for Gender Confirmation Vaginoplasty Grafting
Saint Francis Memorial Hospital, San Francisco
2019- present

Neuromodulation Placed for Urinary Issues Secondary Effect on Constipation
California Pacific Medical Center, San Francisco
2012-2018

Cervico-isthmus cerclage & Cystoscopy
Sponsor: Michael Katz, M.D., MFM
California Pacific Medical Center, San Francisco
2008-present

Holter monitor study of fetuses with internal scalp electrode
Sponsor: L. Feinkind, M.D., MFM
Columbus Hospital, Chicago
1994-1996

“Effects of the Availability of Glucose on Rat Embryo Glucose Utilization.”
Sponsor: Ann Snyder, Ph.D.
Veterans Administration Medical Center, North Chicago
May 1991- August 1991

“Effects of Ethanol on Fetal Rat Brain Cells.”
Sponsor: S. Singh, M.D. and Ann Snyder, Ph.D.
Veterans Administration Medical Center, North Chicago
June 1990- May 1991

Chorionic Villus Sampling: NIH Study
Sponsor: Mitchell Golbus, M.D., Ph.D.
Genetics Clinic & Research Department, University of California, San Francisco
May 1987- September 1987, December 1987

INTERESTS

PROFESSIONAL

Gender Affirmation Surgery

Peritoneal Pull Through Vaginoplasty Development for technique, recovery, & outcomes.

Pelvic Reconstruction for Cis & Transgender Patients

Minimally Invasive alternative to abdominal cerclage: Transvaginal Cervico-Isthmic Cerclage

Urogynecology: comparisons of different surgical techniques, different medical options &
physical therapies for continence management.

Neuromodulation effect on pelvic motility, role in constipation.

Neuromodulation effect on pain.

Robotic DaVinci Surgery (>1000 complex surgeries)

Minimally Invasive Surgery

Surgical Missions