

*Heidi Wittenberg, MD MS FPMRS
Gender Confirmation Surgery
Female Pelvic Medicine & Reconstructive Surgery Board Certified*

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APPOINTMENTS

Director of MoZaic Care, Inc
1/1/18- Present

Medical Director, Gender Institute at Saint Francis Memorial Hospital
Saint Francis Memorial Hospital, Dignity, San Francisco, CA
7/1/2020-Present

First Center of Excellence Gender Confirmation Surgery, A Founding Surgeon
Co-Director
Greenbrae Surgery Center
1/2019- Present

Director of Urogynecology Center of San Francisco
9/1/14 – 7/31/18

Center of Excellence Minimally Invasive Gynecologic Surgery, A Founding Surgeon
California Pacific Medical Center
2017

Secretary Treasurer of San Francisco Gynecologic Society
10/2014 - present

Clinical Instructor, UCSF
UCSF Resident Surgical Instructor
2008 – 2018

Director
Continence & Prolapse Center
Pacific Women's Obstetrics & Gynecology Medical Group
2001-8/31/14

Chair
Multispecialty Pelvic Physiology Conference
California Pacific Medical Center
2010-2017

Director of Comprehensive Pelvic Medicine and Continence Center
California Pacific Medical Center
2000-2006

BOARD STATUS

American Board of Obstetrics & Gynecology
Certified 2002 & active with MOC (maintenance of certification)

Female Pelvic Medicine & Reconstructive Surgery Specialty
Board Certified 6/21/2013 & active with MOC

EDUCATION

PGY 2, 3, & 4, Johns Hopkins
July 1,1996- June 30,1999
PGY 1& 2, Columbus-Cabrini, Northwestern Affiliate
July 1,1994- June 30,1996
M.D., U.H.S./The Chicago Medical School
July 1990- May 1994
M.S., U.H.S./The Chicago Medical School
Major: Applied Physiology
July 1989- May 1990
B.S., University of California, Berkeley
Major: Genetics
August 1985- May 1989

EMPLOYMENT

MoZaic Care, Inc
Director, Gender Confirmation Surgery
1/1/18– Present

Attending Physician, Director
Urogynecology Center of San Francisco
9/1/14 – 7/31/18

Attending Physician
Brownstein Crane Surgical Services
1/1/2016 – 3/2017

Attending Physician: Gyn, Urogyn, Neurourologist, FPMRS
Pacific Gynecology and Obstetrics Medical Group
May 16, 2001 - 8/31/14

Attending Physician
Pacific Women's Obstetrics and Gynecology Medical Group
August 1,1999- May 15, 2001

AWARDS

2018 **Congressional Award**: For Innovative Spirit, Professional Success, and Commitment to Giving Back to the Community in a way that Supports Youth Development.
2018 STARS Hall of Fame Induction for San Juan Unified Foundation
2016 Center of Excellence for Minimally Invasive Gynecological Surgery At California Pacific Medical Center: A Founding Surgeon
American Association of Gynecologic Laparoscopy/ Surgical Review Corporation
2013-2014 UCSF Outstanding Resident Teaching Award
2012-2013 UCSF Outstanding Resident Teaching Award
2011 **Congressional Award**: Operations Access Unsung Hero
2013-2019 415 Top Doctors- Peer Survey
1991 American Diabetes Association Annual Research Award

COMMITTEE APPOINTMENTS

Gynecology Quality Assurance/ California Pacific Medical Center
2003-2018

California Pacific Medical Center New Technology Committee
2006-2017

Gynecology New Technology Committee
2006-2018

IPA Quality Assurance/ Brown & Toland, San Francisco Ca

2009-2018

**INVITED
PRESENTATIONS**

National Speaker

Transcendent: Below the Belt Gender Confirmation Surgery 2016 – Present
American College of Obstetrics & Gynecology 5/4/19 Nashville Tennessee
American College of Obstetrics & Gynecology 4/28/2018 Austin Texas
Multiple Gender Alliance Conferences from 2015 to present: Seattle, LA, Chico, SF
San Francisco Gynecological Society 1/16/18 SF, CA
International Society of Study of Women's Sexual Health 2/10/18, San Diego, CA
UCSF 3/21/19 and 4/1/19
California Pacific Medical Center 3/6/18, SF, CA
Dignity Transgender Conference 10/24/18, SF, CA
WPATH/Dignity Transgender Summit 5/30/19, SF, CA
Marin General Hospital 9/13/17, Marin, CA

Utility of Routine Cystoscopy During Transvaginal Cervico-Isthmic Cerclage: AUGS 2015
Cervico-isthmic Cerclage & Cystoscopy: Pacific Coast OB Gyn Society 2012
Incontinence 1999 – Present (complete list provided below)

Community Health Resource Center
Womens Resource Center
Dignity Health Care: Grand Rounds on Robotics 2012// Transgender Health 2018
Grand Rounds OB Gyn & Medicine Departments at CPMC
Grand Rounds Marin General Hospital
Grand Rounds OB Gyn at St Lukes Hospital
Grand Rounds Medicine at Novato Community Hospital
SutterHealth Nursing Education
UC MedSurg Nursing Symposium 2005
UCSF Conference 2018
Pacific Northwest Ostomy and Continence Nursing Conf 2012
Gender Conference, Chico California 2016, 2017, 2018, 2019
Gender Odyssey, Seattle Washington 2018

RESEARCH

Peritoneal Pull Through Technique for Gender Confirmation Vaginoplasty Grafting
Saint Francis Memorial Hospital, San Francisco

2019- present

Neuromodulation Placed for Urinary Issues Secondary Effect on Constipation

California Pacific Medical Center, San Francisco

2012-2018

Cervico-isthmic cerclage & Cystoscopy

Sponsor: Michael Katz, M.D., MFM

California Pacific Medical Center, San Francisco

2008-present

Holter monitor study of fetuses with internal scalp electrode

Sponsor: L. Feinkind, M.D., MFM

Columbus Hospital, Chicago

1994-1996

“Effects of the Availability of Glucose on Rat Embryo Glucose Utilization.”

Sponsor: Ann Snyder, Ph.D.

Veterans Administration Medical Center, North Chicago

May 1991- August 1991

“Effects of Ethanol on Fetal Rat Brain Cells.”

Sponsor: S. Singh, M.D. and Ann Snyder, Ph.D.

Veterans Administration Medical Center, North Chicago

June 1990- May 1991

Chorionic Villus Sampling: NIH Study

Sponsor: Mitchell Golbus, M.D., Ph.D.

Genetics Clinic and Research Department

University of California, San Francisco

May 1987- September 1987, December 1987

PROFESSIONAL SOCIETIES

American Advanced Gyn Laparoscopy Society
American Association of Neurological Surgeons
American College of Obstetrics & Gynecology
American Medical Association
American Urogynecology Society
Pacific Coast Obstetrics and Gynecology Society
San Francisco Gynecological Society
San Francisco Medical Society
Society of Laparoscopic Surgeons
Society of Urodynamics, Female Pelvic Medicine & Urogenital Reconstruction
WPATH- World Professional Association of Transgender Health
USPATH-US Professional Association of Transgender Health

PROCTOR

Intuitive Robot Benign Gyn Proctor 2009-2015
Coloplast Proctor for Altis Sling 2013- 2015

ACTIVITIES

Kaiser Permanente Northern California: OB Gyn Resident Research Symposium
4/27/19 Invited Judge
Operation Access: Providing Surgical Care to Uninsured
2011-Present
Hospital de la Familia Surgical Missions in Guatemala
2005 and 8/2014
Partners In Care University of California, San Francisco
Auxiliary Charity for the Hospital/ Founding Member
2010-Present
National Youth Services Foundation
Career Specialty Lecturer
July 2000, 2001
Community Services Committee
Eating Disorders Education for High School Students
July 1989- May 1990

INTERESTS

PROFESSIONAL

Gender Confirmation Surgery
Peritoneal Pull Through Vaginoplasty Development
Pelvic Reconstruction for Cis & Transgender Patients
Minimally Invasive alternative to abdominal cerclage: Transvaginal Cervico-Isthmic Cerclage
Urogynecology: comparisons of different surgical techniques, different medical options & physical therapies for continence management.
Neuromodulation effect on pelvic motility, role in constipation.
Neuromodulation effect on pain.
Robotic DaVinci Surgery (>500 complex surgeries)
Minimally Invasive Surgery
Surgical Missions

PERSONAL

My husband Steve, an amazing person-his 600 best friends would agree.
We are a match personally and medically. Luckily, I was able to provide a kidney to him when he went into renal failure during our first year of marriage.
He takes excellent care of me and what he calls his "girl kidney".
He also takes care of our three dogs – all rescue dogs.
I love weekends in Santa Rosa with family, friends and gardening.
As of 10/2017 we are working on rebuilding our home lost in the Santa Rosa fires, and looking forward to completion of our rebuild in late 2020.